



## 100 Miles of Nowhere ENTRY FORM

24 June 2016

Name: \_\_\_\_\_ Surname: \_\_\_\_\_  
 Postal Address: \_\_\_\_\_ Cell No: \_\_\_\_\_  
 City: \_\_\_\_\_ Tel No: \_\_\_\_\_  
 Code: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Prov: \_\_\_\_\_ Age: \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Emergency Contact Person: \_\_\_\_\_ Contact Number: \_\_\_\_\_  
 Medical Aid Provider \_\_\_\_\_ Member Number: \_\_\_\_\_

### Cadence Studio

<input type="checkbox"/> Hillcrest	<input type="checkbox"/> Durban North	<input type="checkbox"/> Westville	<input type="checkbox"/> Wapadrand
<input type="checkbox"/> Pietermaritzburg	<input type="checkbox"/> Ballito	<input type="checkbox"/> Bryanston	<input type="checkbox"/> Tygervalley

Single rider  @R1000      Entry fee includes event sweat towel and water bottle  
 Two person team  @ 600 p/person  
 Four person team  @R350 p/person

**Entrance Fees: Please enclose proof of payment eft / copy of deposit slip made out to "CHOC Cows KZN herd" for the amount shown below. REFERENCE NAME OR TEAM NAME**

	Amount
<input type="checkbox"/> Single rider	R <input type="text"/>
<input type="checkbox"/> Two person team	R <input type="text"/>
<input type="checkbox"/> Four person team	R <input type="text"/>
<input type="checkbox"/> Donation to The Cows/ CHOC	R <input type="text"/>
<b>TOTAL</b>	R <input type="text"/>

**RULES / INFORMATION:**

- 1 Entrants are to be physically fit and well
- 2 No person under the age of 18 will be allowed to enter as individuals
- 3 Children between 16 and 18 years may participate in a 2 person relay team if they are physically fit and with permission of a legal guardian
- 4 Children between 10 and 16 years may participate in the 4 person relay only
- 5 Entrants are to obey all studio rules at all times.
- 6 The event will take place on 24 June at Cadence studios the start time will be 14:00 for all studios
- 7 Substitutions are allowed but require an entry form to be completed
- 8 No entry fee monies will be returned in the event of a substitution
- 9 **Entries close on the 15 June 2016 or limited to the 1st 100 Entries**
- 10 **Companies and individuals that sponsor will be issued with Section 18A letters**  
**\*please contact us for the relevant forms**
- 11 **All proceeds from the event will be donated to The Cows - A national fundraising body, who allocate monies to CHOC**

**Waiver**

Participants undertake to participate entirely at their own risk and agree that they shall have no claim whatsoever against the organizing body, any individual organizer, assistant, helper or agent, the sponsor or any Cadence studio or their employees, in respect of any loss or damage whatsoever which a participant may suffer, arising from any injury to person or loss or damage to property as a result of, or rising out of, whether directly or indirectly, participating in any event, including that person's arrival, or departure there from, and attendance at any ceremony or function thereof, howsoever such loss or damage may arise and regardless of whether or not same shall have been caused directly or indirectly by negligence, albeit gross or one or more of all the aforementioned parties. In the event that a participant is a minor, the parent / guardian whose signature appears hereunder hereby indemnifies and holds harmless the organizing body, any individual organizer, assistant, helper or agent, the sponsor or any Cadence studio or their employees from any claims which may be made against them in respect of such minor.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent / Guardian

\_\_\_\_\_  
Date

**Payment can be made via EFT or SnapScan**

**Bank Details**

**Name:** CHOC Cows  
**Bank:** Standard Bank  
**Branch:** Killarney  
**Code:** 007 205  
**Number:** 203 710 843  
**Ref:** 100M Surname/Team

**Please send Proof of Payment to:**  
Iris Varty  
**Email:** durbsdaisy@thecows.co.za  
**Cell:** 071 298 2992

